

Go Up ²

Workbook

Sara Tom
Peter Smith

1. Write the words in the correct groups:

snorkelling - karate - judo - boxing - weight lifting -
sailing - surfing - water skiing

Do	Go
.....
.....
.....
.....

2. Complete the sentences with words from exercise 1:

- 1-is the sport of riding on waves while standing on a narrow board.
- 2-is the sport or activity of travelling in a boat with sails.
- 3-is a kind of fighting in which you use your hands and feet.
- 4-is the sport or activity of swimming under water.
- 5-is a kind of sport in which two people fight and try to throw each other to the ground.
- 6-is the sport of lifting heavy things.
- 7-is the sport of riding on water while being pulled by a fast boat.
- 8-is a sport in which two people fight each other with their hands while wearing gloves.

1. Finish the dialogue with the phrases in the box:

- What sports
- Who's
- How many
- How old
- Where are
- Which school



Nada:you from?
John: I'm from London.
Nada:you go to?
John: I go to Buckingham School.
Nada:brothers have you got?
John: Only one brother.
Nada:is he?
John: 8 years old.
Nada:do you like?
John: Tennis and swimming.
Nada:your favourite person?
John: My grandfather.

2. Write what you would say in each of the following:

1- You ask someone about the number of brothers and sisters he / she has got.

.....

2- You ask your friend about the sports he likes.

.....

3- You want to ask your uncle about his age.

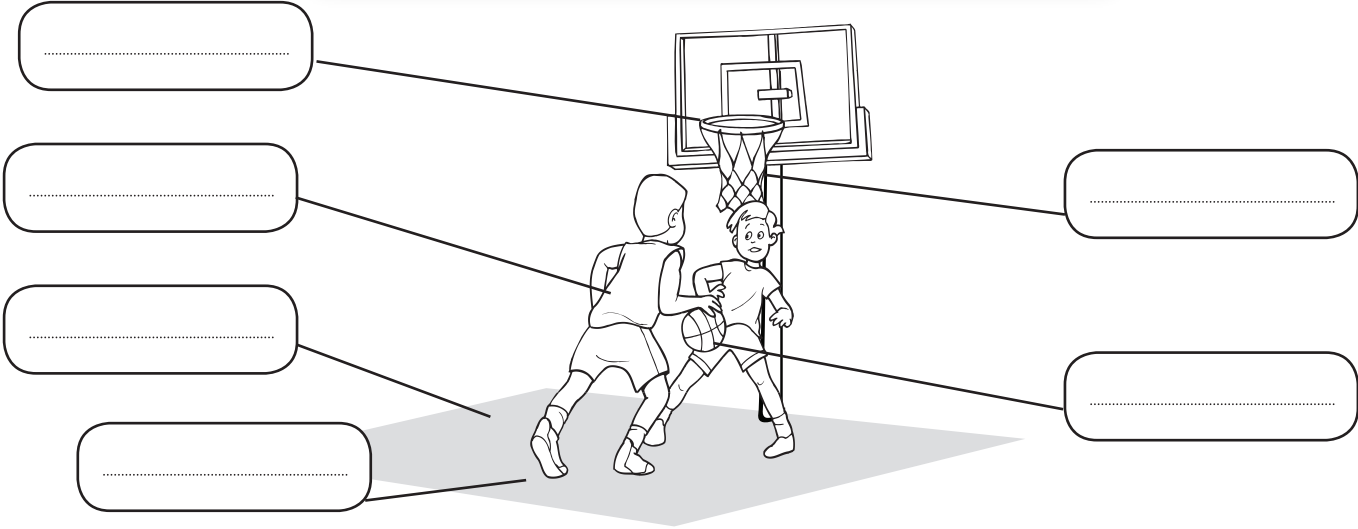
.....

Unit 1

Lesson 3

1. Label using the words in the box:

ball - hoop - court - line - net - player - throw



2. Match the words with the meanings:

1- Dribbling

2- A point

3- A fade away

4- An alley - oop

5- Slam - dunk

6- The centre player

7- Court

- usually a team's tallest player.

- a kind of shot in which the player leaps and attempts to catch the pass and score while still in the air.

- the place where the basketball match is played.

- a shot in which a player leaps high into the air and slams the ball through the hoop from above.

- to move the ball a long with several short kicks.

- a shot which is taken while the player is moving backward, away from the basket.

- it is when the ball passes through the hoop.

3. Write a paragraph of six sentences about "My favourite sport".

1. Correct the verbs in brackets:

- 1- My sister (play) computer games at this moment.
- 2- My father (get) up at six o'clock every day.
- 3- Look! My little brother (drive) my father's car.
- 4- Listen! Someone (break) the wall.
- 5- Saleh often (play) tennis with his friends.
- 6- They (surf) the internet now.
- 7- Reem usually (read) interesting stories.
- 8- Nada (study) German this year.

2. Make questions and answers like the example:

watch / TV / now ? X

Are you watching TV now?

No, I'm not.

1- often / write e-mails to your friends? ✓

.....

.....

2- clean / room / at the moment? X

.....

.....

3- usually / play / computer games? ✓

.....

.....

4- listen to / music / now? X

.....

.....

5- always / iron / clothes? X

.....

.....

6- have / breakfast / now? ✓

.....

.....

Let's check

1. Choose the correct answer:

- 1- How many players are there the court?
a) in b) on c) at
- 2- Different are required for playing basketball.
a) skills b) scales c) schools
- 3- Our team three goals.
a) won b) shot c) scored
- 4- The team that scores most points the basketball match.
a) beats b) wins c) leaps
- 5- Basketball has exciting like slam dunk.
a) scores b) leaps c) shots
- 6- The players of a basketball team have different
a) roles b) goals c) hoops

2. Do as shown in brackets:

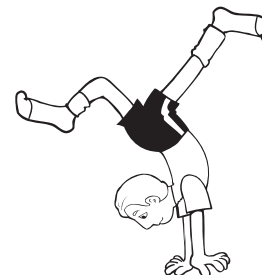
- 1- He is a salesperson, but he (work) as a waiter this year.
..... (Correct)
- 2- Reem always goes to school alone.
..... (Change into negative)
- 3- Look! The little girl (play) computer games.
..... (Correct)
- 4- The centre player usually plays near the basket.
..... (Make a question)

3. Add the missing letters:

The sta.....rd pos.....tions of a basketball team are two g.....ards, two for.....ards and one c.....ntre.

1. Make words and write:

- | | |
|----------|------------|
| 1- hand | - diving |
| 2- cart | - wheel |
| 3- spl | - boarding |
| 4- sky | - stand |
| 5- skate | - its |



2. Use the words in exercise 1 to complete the sentences:

- 1-is stretching your legs flat across the floor in opposite directions.
- 2-is a kind of sport which takes place on a flat surface using a board.
- 3-is a position in which you balance on your hands and put your legs up in the air.
- 4-is a movement in which you turn in a circle by putting your hands on the ground.
- 5-is a kind of sport in which you jump from a plane and fall as far as you can before opening your parachute.

1. Fill in the blanks with “do” or “make”:

- 1- Can youme a cup of tea?
- 2- I want you tome a favour.
- 3- Students who don't study well oftenmistakes.
- 4- Nora can'tanything when you ask her for help.
- 5- I don't know where to go this evening.
Can youa suggestion?
- 6- Who cana model like this?

2. Complete the missing parts in the dialogue:

- Yusuf: Are you free this evening?
Heba: Yes,?
Yusuf: Yes, please. Can you?
Heba: What is it?
Yusuf: Can you help me put the books on the library shelves?
Heba: Yes,?
Yusuf: Yes, please. Canthe ironing for me?
Heba:I don't like ironing.

3. Write what you would say:

- 1- You:?
Father: Yes, please. I need you to help me carry this bag.
- 2- You:?
Friend: I cut my hand while I was using the knife.

1. Finish the sentences using the words in the box:

average - single - icy - possible - remarkable -
amazed - professional - supplemental

- 1- Some people can climb the highest mountains withoutoxygen.
- 2- He is afootball player. He plays for Liverpool team.
- 3- It is very hot today because the temperature is above
- 4- I'm How could he jump from that tall building?
- 5- How long can you stay under water on abreath?
- 6- It isfor a child of six to learn reading and writing.
- 7- The water is too cold. It is
- 8- My uncle is a veryman. He can do anything people ask him to do.

2. Complete the sentences with suitable words:

- 1- He can't dive more than five feet on a single
- 2- Do you know anyone who couldthe world record in any sport?
- 3- She canthe river in five minutes.
- 4- How long can youyour breath?
- 5- Ed Viesturs could reach the highest
- 6- Karisen is one among aof professional strong men in the world.
- 7- Everest is a very high
- 8- We use ourfor breathing.

3. Write a paragraph of six sentences about “People of different abilities”.

1. Choose the correct answer:

- 1- My sistera picture at six o'clock yesterday.
a) is drawing b) drew c) was drawing
- 2- While Icomputer games, the light went off.
a) played b) 'm playing c) was playing
- 3- Shethe paper when I visited her.
a) read b) was reading c) is reading
- 4- Ifish in a big restaurant last week.
a) eat b) ate c) was eating
- 5- While my mother was cooking, my fatherhome from work.
a) returned b) was returning c) returns
- 6- Whatyou doing at ten o'clock?
a) did b) were c) was

2. Make sentences using the words in brackets:

- 1- I was surfing the net. My friend visited me. (While)
.....
- 2- My sister met her friend. She was doing shopping. (when)
.....
- 3- They were playing football. It rained. (When)
.....
- 4- I was walking to school. During that time, I lost my pencil. (While)
.....
- 5- My brother was watching a football match. He heard a cry. (While)
.....
- 6- My sister was doing the ironing. The doorbell rang. (When)
.....

Let's check

1. Choose the correct answer:

1- Did you the bread?

- a) burn b) burned c) burnt

2- Have you ever a handstand?

- a) made b) done c) had

3- You use both your hands and legs when you do a

- a) splits b) handstand c) cartwheel

4- A: Can you help me?

B: Sorry. I'm not

- a) busy b) free c) right

5- Some people can dive more than 500 feet a single breath.

- a) on b) in c) at

6- If you have a strong, you can do a lot of things.

- a) breath b) will c) peak

2. Do as shown in brackets:

1- He broke the world record. (Change into negative)

.....

2- He was running in the street. He fell down. (While)

.....

3- I (meet) him two hours ago. (Correct)

.....

4- I was having dinner at ten o'clock. (Make a question)

.....

3. Supply the missing letters:

1- av.....rage

2- re.....ord

3- challe.....ge

4- pe.....ks

1. Make words and match with the pictures:

1. walk

cassettes



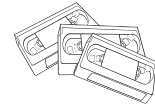
2. mobile

phones



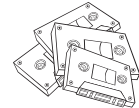
3. audio

station



4. video

man



5. game

phone



6. play

boy



7. head

cassettes



2. Use the words in exercise "A" to complete the sentences below:

1- You can use ato talk to any person in any place.

2- Ais a type of personal stereo which you can use to listen to what you like.

3- He doesn't want anyone to know what he is listening to so he uses his

4- When she was free, she got theout of her pocket to play a game.

5- You needto watch your favourite films.

6- If you have a, you can play different kinds of games on TV.

1. Use the phrases in the box to complete the dialogue:

- Here you are
- It's expensive
- Can you show
- Can I have
- How much
- Can't you make it less
- Have you got any.....



Suzy:cameras?

Seller: Yes, of course. Here are the cameras.

Suzy:is this one?

Seller: It's 800 pounds.

Suzy: Oh,?

Seller: No, I'm sorry, but we have cheaper cameras.

Suzy:them to me?

Seller: Yes, with pleasure. Here are some.

Suzy:this one?

Seller: Yes, it's 150 pounds.

Suzy: That's all right.

2. Finish the dialogue between Nada and Salwa:

Nada: Hello, Salwa. Where have you been?

Salwa: Hello, Nada. I've been shopping.

Nada:?

Salwa: I bought some games on CDs.

Nada:?

Salwa: I bought five.

Nada:is the CD?

Salwa: 15 pounds.

Nada: That's not expensive. Can I borrow one?

Salwa: Yes, of course.

Choose anyone you like.

Unit 3

Lesson 3

1. Match the abbreviations with the words:

1- DVD	- Personal Computer.
2- VCR	- Central Processing Unit.
3- CD	- Information Technology.
4- CPU	- Digital Video Disc.
5- PC	- Videocassette Recorder.
6- IT	- Compact Disc.

2. Use the words in the box to finish the sentences:

solve - use - keep - do - make - log - design

- 1- Peoplecomputers in many ways.
- 2- Students canresearch and learn with the help of computers.
- 3- Computers help the police totrack of criminals.
- 4- Architects use computers tohouses and buildings.
- 5- Computers help engineers tocars.
- 6- Computers help people toproblems.
- 7- Computers let youon to the internet.

3. Write a paragraph of six sentences about “The uses of computers”.

1. Fill in with “have”, “have got”, “has”, “has got”. Sometimes, two of them can do.

- 1- My sistera new camera.
- 2- When my grandfather has a headache, he oftena cup of tea.
- 3- When I feel hot, I oftena shower.
- 4- My younger brothera bike.
- 5- Do youmilk in the morning?
- 6- My fatherhis dinner at ten o'clock.
- 7- Our neighboursa big villa.
- 8- They oftena walk along the banks of the Nile.

2. Read and make questions and answers:

- 1- Saleh / a mobile? ✓
 - Has Saleh got a mobile? Yes, he has.
 - Does Saleh have a mobile? Yes, he does.
- 2- You / a laptop? X
 -
 -
- 3- You / lunch / three o'clock? ✓
 -
 -
- 4- your parents / new car? X
 -
 -
- 5- your sister / tea? ✓
 -
 -
- 6- you / a game boy / last year? ✓
 -
 -
- 7- your friend / a ball / when he was there? X
 -
 -

Let's check

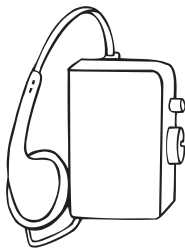
1. Choose the correct answer:

- 1- is your new watch?
a) How much b) How many c) How long
- 2- Computers let you hook to the internet.
a) on b) down c) up
- 3- All the parts of your computer are called
a) software b) information c) hardware
- 4- Shops use computers to keep track of
a) products b) criminals c) buildings
- 5- Did you have a ball? Yes, I
a) had b) have c) did
- 6- Game boys are popular young people.
a) for b) on c) with

2. Do as shown in brackets:

- 1- I haven't got any headphones. (Use: don't)
- 2- Have you got much money? (Begin with: Do)
- 3- She has a swim every week. (Change into negative)
- 4- He bought three shirts last week. (Ask a question)
- 5- The dress costs 150 pounds. (Make a question)

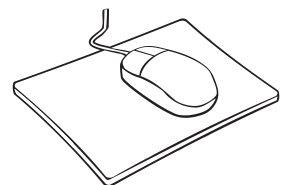
3. Add the missing letters:



wa.....kman



eng.....neer



mo.....se

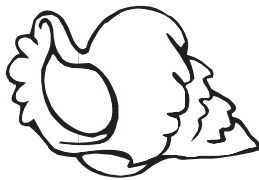
1. Read and fill in the blanks with suitable words:

- 1- If you are in the park, don'tflowers.
- 2- On the beach, you canshells.
- 3- Sometimes, it isn't allowed toin the lake.
- 4- You cana fire when you are camping.
- 5- He wouldn't like tothe cliffs with us.
- 6- Sometimes there are park rules which ask people tolitter home.
- 7- When the horses are hungry, farmersthem.
- 8- They asked the guard tothe gate because they didn't want anyone to get in.

2. Label the pictures:



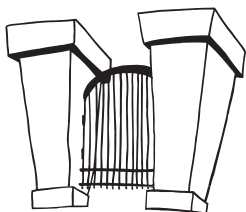
.....



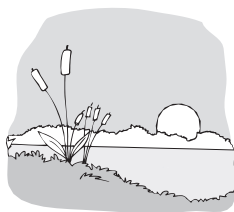
.....



.....



.....



.....



.....

Unit 4

Lesson 2

1. Complete the dialogue with the words in the box:

- No, sorry
- Wonderful
- Let's
- That's fine
- What about
- Why not



Father: Where shall we go this evening?

Son:go to the park.

Daughter:I don't like the park.

Father:?

Daughter: Because we always go there.

Father:going to the cinema?

Daughter: I like this idea.

Son:Let's go there.

2. Write what you would say:

1- You ask a policeman the way to the bank.

"....."

2- You tell your brother not to play in the street.

"....."

3- You want to go swimming with your family.

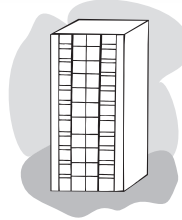
"....."

4- Someone did something correctly.

"....."

1. Label the pictures with the words in the box:

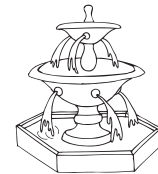
rope - cut down - dig - washroom - rubbish
- bridge - sign - building - fountain



.....

.....

.....



.....

.....

.....



.....

.....

.....

2. Finish the sentences with the words in the box:

sure - safe - wrong - allowed - responsible - keeping.

- 1- Who is for the presence of this rubbish?
- 2- Make that you come on time tomorrow.
- 3- People who go to the park should help in it clean.
- 4- It's to throw rubbish in public places.
- 5- This area isn't dangerous. It's
- 6- It's to sit under trees in most parks.

3. Write a paragraph of six sentences about "How to enjoy the park and keep it clean."

1. Change into indirect speech:

1- My mother said to me, "Do your homework."
.....

2- My teacher said to me, "Study hard."
.....

3- My sister said to me, "Close the window."
.....

4- My friend said to me, "Lend me your camera."
.....

5- My parents said to me, "Listen to the teacher carefully."
.....

6- My trainer said to me, "Do exercise to keep fit."
.....

7- My brother said to me, "Get me some water."
.....

8- My aunt said to me, " Take your umbrella with you."
.....

2. Change into direct speech:

1- He told me not to throw rubbish.
.....

2- They told me to get up early every day.
.....

3- She told me to borrow some books from the library.
.....

4- He told me not to come late again.
.....

5- My mother told me to get her some bread.
.....

6- My father told me not to forget my books.
.....

Let's check

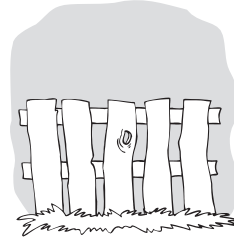
1. Add the missing letters:



s.....ell



si.....n



fen.....e



pl.....nts

2. Choose the correct answer:

1- He is seven years old. He is the age of six.

- a) at b) over c) above

2- "Garbage" is another word for

- a) cans b) boxes c) rubbish

3- It isn't allowed to your name on trees.

- a) carve b) remove c) construct

4- You can leave your car in the area.

- a) park b) parking c) bark

5- Parents are responsible their children.

- a) on b) for c) with

3. Do as shown in brackets:

1- "Don't make noise."

..... (Begin with: My father told me...)

2- My uncle told me to do my best in studying my lessons.

..... (Change into direct speech)

3- My mother said to me wash your hands before meals.

..... (Punctuate)

1. Make words and match with the pictures:

1- pyr

eum



2- tow

tle

3- cas

amid



4- sph

ock



5- sta

er

6- to

tue

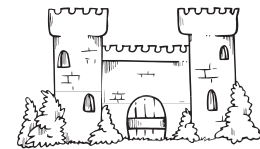


7- mus

inx

8- cl

mb



2. Fill in the blanks with words from exercise 1:

1- The Eiffelis in Paris.

2- The Big Benis in London.

3- There are threein Giza in Egypt.

4- Ais a figure of a person or an animal, made of stone or metal.

5- Ais a place where dead people are buried.

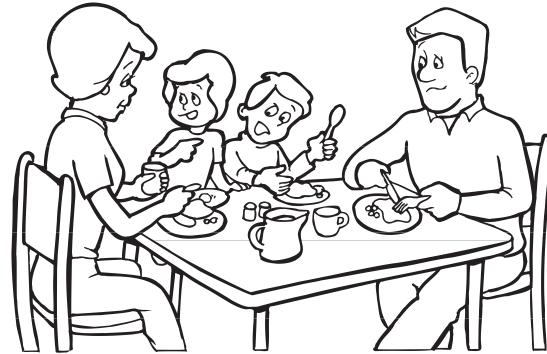
6- Theis a place where people can see things from the past.

7- Thehas a human head and the body of a lion.

8- Ais a building with high walls.

1. Finish the dialogue with the phrases in the box:

- Can't we go
- Let's
- We could
- What about
- That's not a bad idea
- That sounds OK



Father: Where shall we spend the weekend?

Mother:going to the country?

Father:

Son:to the beach?

Daughter: No,do something useful.

Father: Like what?

Daughter:go to the Book Fair to buy books.

All:

2. Complete the mini-dialogues:

1- Saleh: Let's visit our cousins!

Reem:

2- Reem:tennis this afternoon.

Suzy: That's a good idea.

Unit 5

Lesson 3

1. Complete the sentences with the words in the box:

capital - located - emperor - cultural - university -
bullet - known - landmark - designer - structure

- 1- High-speed trains are calledtrains.
- 2- Gustave Eiffel was theof the Eiffel Tower.
- 3- The Great Wall of China is the longestin the world.
- 4- Where is Saudi Arabia?
- 5- Students who finish secondary school go to
- 6- Tokyo is acentre in Japan.
- 7- Paris isas the City of Light.
- 8- Theof Japan lives in a palace.
- 9- Cairo is theof Egypt.
- 10- Big Ben is ain London.

2. Read the passage in your student's Book and complete the table:

Country	Capital	Landmarks
.....	London
Iraq
Japan
.....	Paris

3. Write a paragraph of six sentences about "A city in your country".

1. Read the table and write questions and answers:

People	Things they will do	Things they will not do
Kamal	play tennis	go to the beach.
Randa	read the paper	watch TV.
John	go to the club	stay at home.
Nada	do the housework	do homework.
Suzy	go to bed	visit her friend.

1- Will Kamal go to the beach?

No, he won't. He'll play tennis.

2-Randa?

.....

3-John?

.....

4-Nada?

.....

5-Suzy?

.....

2. Rewrite the sentences using "going to" or "will":

1- We've planned to visit our aunt in summer.

.....

2- I've decided to buy a new computer.

.....

3- Do you plan to go to university?

.....

4- What do you plan to do at the weekend?

.....

5- She doesn't want to answer the phone.

.....